



Colston's Girls' School

Simply Outstanding

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Principal: John Whitehead

27th February 2018

Dear Parent/Carer

As we start the new term I would like to take this opportunity to reinforce the expectations of the P.E department with regards to equipment and kit. I would also like to clarify the school's policy with regards to students not being able to fully participate within their P.E lesson as a performer.

PE Policy

Kit information:

All students should come prepared to their lesson with the appropriate P.E kit and equipment. All kit and equipment should be fully named.

- Dance/Gym – Polo Shirt, footless tights.
- Other – Polo shirt, skort or shorts, white socks, non-marking trainers with laces. Navy blue school Tracksuit/Jumpers for cold weather. Shin pads and gum shield when required.
- A blue or black long sleeved thermal base layer may be worn underneath the polo shirt in cold conditions.
- A lightweight, waterproof navy or black rain jacket may be worn in the winter term.
- Swimming – Swimsuit, goggles, hat, towel.
- Year 11 – May wear plain navy or black tracksuit bottoms if their school ones are too small. Other colours only as an exception i.e. yoga, climbing.
- Hair must be tied back. No jewellery, no gum.
- If students are unable to remove earrings they must bring their own tape and plasters to cover the studs during P.E.
- If students have lost their kit, were possible they should bring in temporary kit and a note from home. Students will be expected to rectify any kit errors within 2 weeks. If there are any financial issues regarding the replacement of kit, the P.E department should be informed so alternative kit can be provided.

Illness and Injury:

- Students who are ill or injured must highlight this to their teacher at the beginning of the lesson via a parental note.
- All students must bring PE kit at **ALL** times even if they are not fully taking part as a performer. **ALL** students will be expected to fully change and participate within the lesson in an appropriate role. (Coach, Umpire etc.)
- **ALL** students are required to change to prevent school uniform from becoming wet due to adverse weather.
- If a student is unable to accompany their class offsite (crutches/dislocations), a doctor's note should be provided and the HOH informed so that alternative supervision can be arranged.

Kit Sanctions

- Missing piece of Kit = Verbal Warning (L1).
- 2nd offence or if they have forgotten their full kit = Detention (L2).
- Failure to change and participate effectively = Re-set Room (L3) etc.

Valuables

- No mobile phones are to be used on the coach or in lessons. All other valuables should be placed in lockers prior to the lesson. P.E staff will not take responsibility for any valuables which are taken up to the field.
- School coats which do not meet the P.E criteria should be left in school lockers before registering with the teacher.

If there are any further questions regarding kit and school policy, please contact your daughters P.E teacher.

Yours faithfully



Sarah Entwisle
Head of P.E

